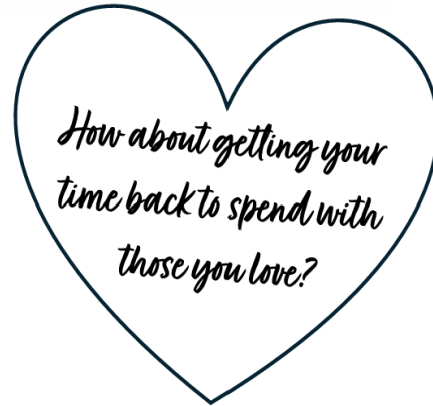




## The Sweet Spot Between DIY and DINING OUT => DL CUISINE



### Cooking Cons

- Cooking is so draining after a long workday
- It's so easy just to pick something up
- I have to buy ingredients I might not use again
- **Deciding and shopping...**
- Loading food in the car
- Taking the food out of the car
- Putting everything away
- Then pulling it back out again
- Everyone gets something they like when we go out
- **I have to think and plan ahead for meals**
- **Cleaning up!**
- **Less time to interact with my family!**

### Eating Out & Delivery Cons

- **We're spending SO much money!**
- We're bored with our options
- **Truly healthy options are super hard to come by**
- I have food allergies and am concerned with food contamination
- Portion sizes are too large and food is wasted
- It's time consuming with travel to and from and waiting for food
- Getting the kids out and managing them is a struggle when I'm already tired.
- **I miss the comfort of my own home**

SIDE-BY-SIDE Dinners Out For Family of 4					
3-Day Meal Plan					
Meals Out or Delivered			DL Cuisine In-Home Meals		
Average:	\$75		Est. cost of food:	\$55	
Plus Tax, Tip, Gas			Healthy, Local, Customizable		
			Options in the Comfort of Home		
Total P/WK:	\$225		Total P/WK:	\$216	
Total P/MO:	\$1,000		Total P/MO:	\$864	
5-Day Meal Plan					
Meals Out or Delivered			DL Cuisine In-Home Meals		
Average:	\$75		Est. cost of food:	\$90	
Plus Tax, Tip, Gas			Healthy, Local, Customizable		
			Options in the Comfort of Home		
Total P/WK:	\$375		Total P/WK:	\$310	
Total P/MO:	\$1,500		Total P/MO:	\$1,240	

**Give Chef Dave a call at 317-650-1717...Let's talk about how he can save you time, money, and energy...You are already doing enough!**